



TPRN LIST OF APPROVED OVER-THE-COUNTER MEDICATIONS

Notes:

**No products containing alcohol or pseudoephedrine are approved.
All use of OTC products must be reported to your assigned TPRN Advocate
or the TPRN Program Director as some may cause false positive screens.**

ANALGESICS

- Aspirin
- Acetaminophen
- Non-steroidal Anti-Inflammatory Medications

GI MEDICATIONS

- Antacids
- Gas Relief
- H2 Blockers
 - Cimetidine
 - Famotidine
- Proton Pump Inhibitors
 - Omeprazole
 - Esomeprazole
 - Pantoprazole
- Anti-nausea and Anti-diarrheal
 - Emetrol
 - Kaopectate
 - Pepto-Bismol
 - Meclizine
 - Loperamide



Laxatives and Stool Softeners

- Psyllium (Metamucil)
- Polyethylene Glycol 3350 (MiraLAX)
- Docusate Sodium (Colace)

COUGH, COLD and ALLERGY

Antihistamines

- Cetirizine (Zyrtec)
- Loratadine (Claritin)
- Fexofenadine (Allegra)
- Desloratadine (Clarinex)

Anti-Tussive

- Guaifenesin

Nasal Sprays

- Steroidal sprays
- Saline

Throat Lozenges

All TPRN Program Participants must adhere to the following guidelines:

I understand I can consume medications on the TPRN Program list of approved over-the-counter medications on a short-term basis not to exceed 7 days and that I must report use of those medications to my advocate as soon as is possible. I agree to abstain from consuming any cannabidiol containing product except as prescribed by my primary care physician. I agree to abstain from consuming any over-the-counter medications on a routine basis except as prescribed by my primary care physician or approved in advance by my TPRN advocate or the TPRN Program Director.

Last Updated: 11.6.2024

Nancy Hooper, DPh
Program Director